

# MAKING STORIES FROM YOUR LIFE

Feb. 1-3, 2019

with Judith Black in Marblehead, MA

This full weekend, runs from 3 PM Friday to 4 PM Sunday, and includes warm-ups, workshops, targeted exercises, coaching, telling, and great food throughout!

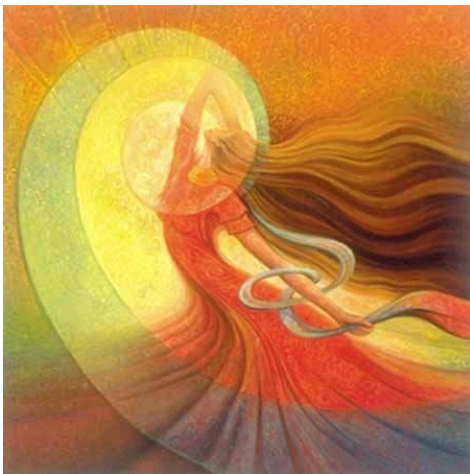


Photo by Ulrike Welsch

We are a human family. Our experiences, fleshed out, understood, and reshaped for the hearts and minds

of others, serves to create a template for that family to join around. Creating these stories are much like re-authoring your own experiences. We often dig little trenches, telling and retelling that which we find, humorous, or wounding. Our work will be to dislodge the experience from the trench, explore it through new eyes, and recreate a tale that speaks to a broader population. This work will be useful to therapists, social workers, teachers, clergy, and tellers of all stripes who want to mine their own lives for stories that will resonate with a broader audience.

*Limited to 8 participants*



## **What the 2018 and 17 class had to say:**

Making Stories From Our Lives was transformative for me. In shaping an experience into a story my thoughts and feelings were elevated into a new, deeper understanding of myself, and the road I have traveled. Judith's expertise and humor empowered our group to see things in themselves and each other that I believe would not otherwise have been possible.

### **Michael Longo (Principal, Concord River Properties)**

Judith was brilliant at guiding each of us and the group in exploring different ways of crafting stories. It was very supportive, eye opening, and so exhilarating!

### **Hailey Klien: Chief of Staff for State Senator Kathleen O'Connor Ives (Writer and Film maker)**

Thanks so much for a wonderful, emotional and exhausting weekend. Your ability to use the positive and give constructive feedback is inspiring.

### **Joanna Duby MD (geriatrics)**

Judith has a unique and highly effective methodology that causes the participants to produce their best work while having fun and bonding. An experience not to be missed.

### **M. Grace Matthews, Esq. (Lawyer and award winning short story writer)**

Through a series of - dare I say - 'brilliant' exercises that Judith led us through a story emerged for me that has silently haunted me for years and wasn't in any of the letters home from 3 combat tours in Vietnam. Being able to tell the story became a thoroughly healing experience for me. It's a game changer! **Allen Gaskell, M.S., CADACII, LADC1 (Retired)**

I came to the workshop because I had had the germ of a story for 16 months but couldn't shape it into being. I left with a rich and compelling tale that formed itself like a seed crystal throughout the weekend -- each activity adding a layer and a luster.

**Laurel Whitehouse-Religious Educator**

About Judith: Retellings of history from new perspectives, tickling familial dysfunction, ironic explorations of aging, and stories that address our all too quickly warming world, are all fodder for her tales. Featured on stages from the Montreal Comedy Festival to The Smithsonian Institution, to the Art Museum of Cape Town, she has appeared 14 times at the National Storytelling Festival in Jonesboro TN and is the winner of the Oracle Circle of Excellence, the most prestigious award in the field. For more about Judith, go

B&B info. is available upon request

Cost \$350 (includes Friday dinner and endless yummy snacks)

TO RESERVE A SPOT SEND \$75 TO JUDITH BLACK:

33 PROSPECT ST. Marblehead, MA 01934 or <http://storiesalive.com/order-form/>

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